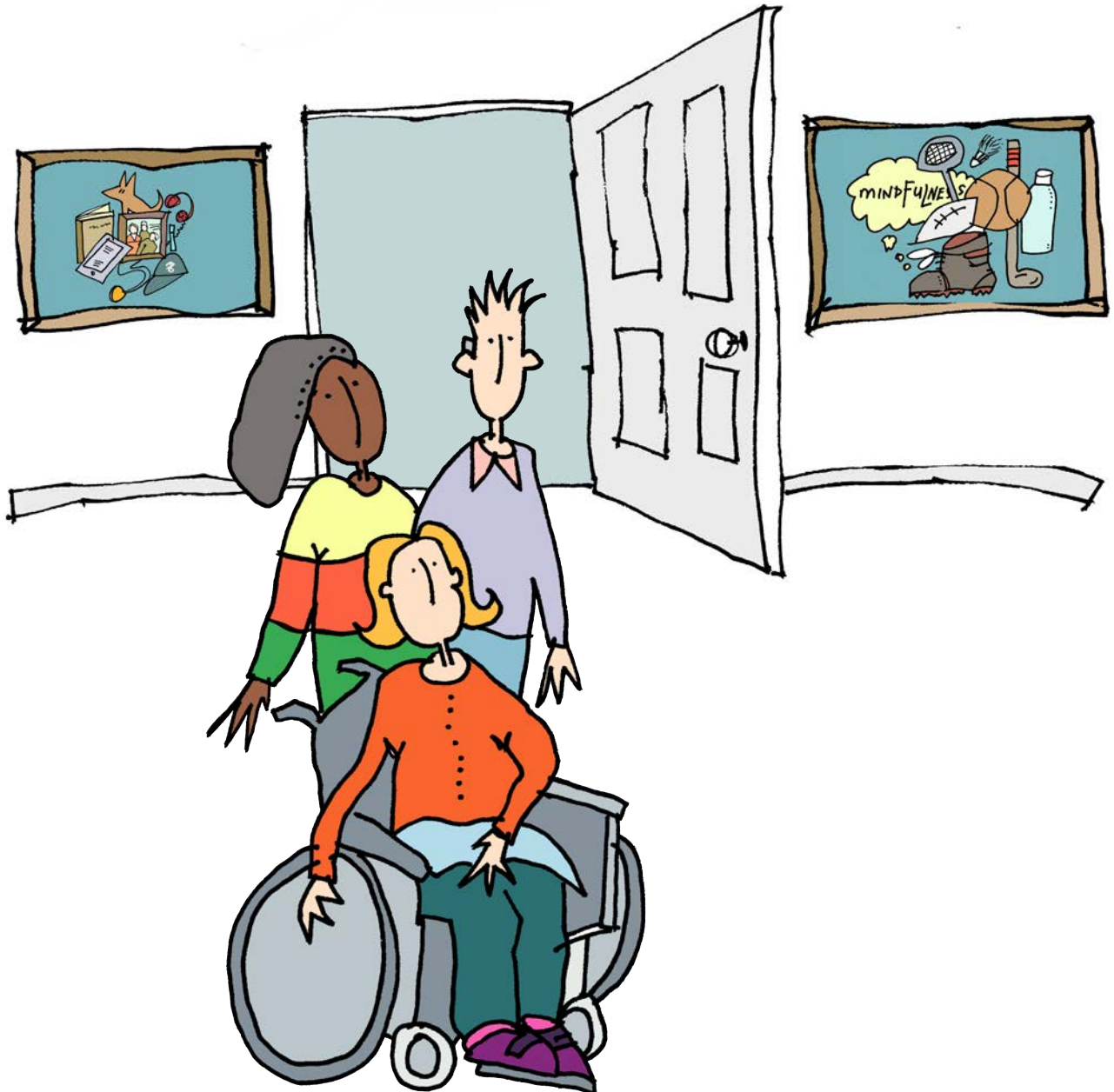


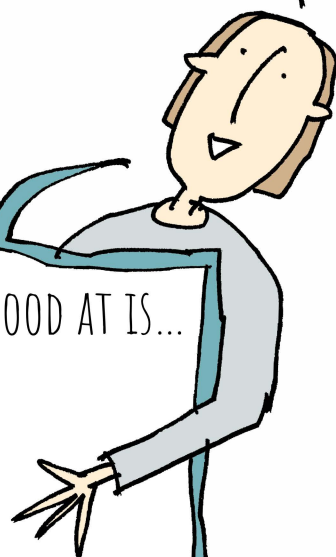
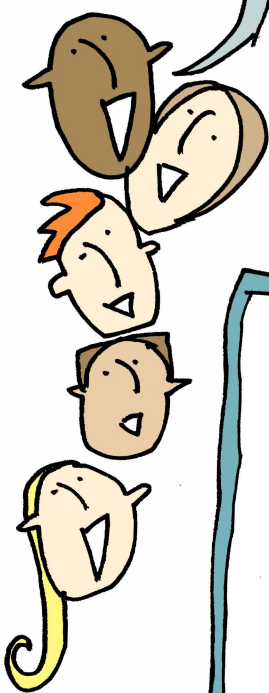
# Planning My Future Life



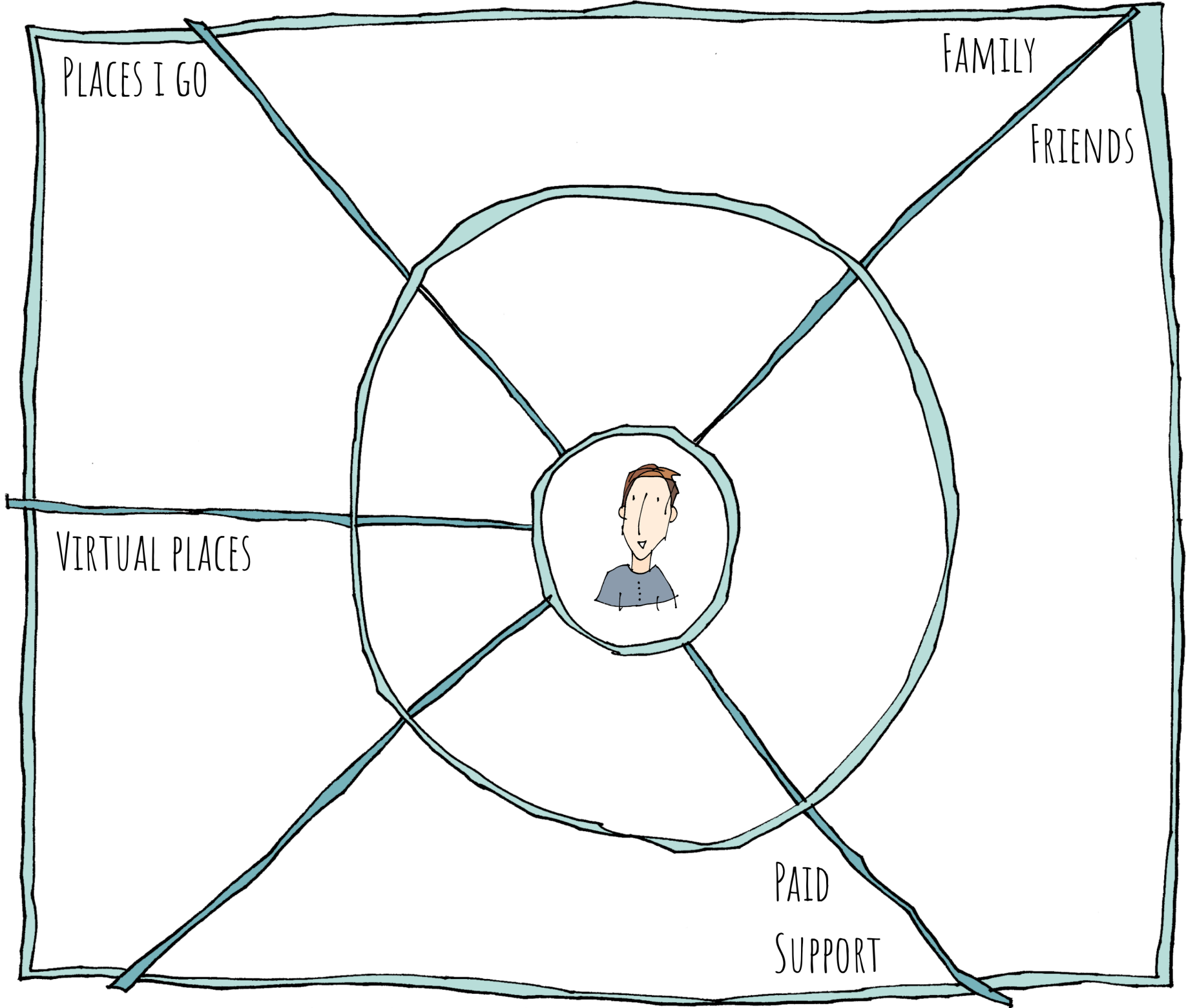
WHAT PEOPLE LIKE AND ADMIRE ABOUT ME...

## Like and Admire

WHAT I'M GOOD AT IS...



# Relationship Map



What matters

Good support



(IMPORTANT TO)



(IMPORTANT FOR)

What's working?

What's not working?

WHAT ARE YOU GOING TO KEEP, DEVELOP OR GROW?

WHAT ARE YOU GOING TO CHANGE OR LET GO OF?

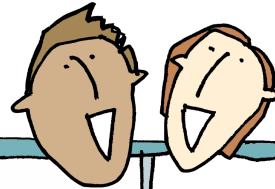


EMPLOYMENT

**My  
outcomes**

FRIENDS, RELATIONSHIPS AND COMMUNITY

INDEPENDENT LIVING



GOOD HEALTH (AND WELLBEING)



## Website

[www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)

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## Social Media

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**Adulthood**

